

Ba‘damā tabayyana lanā anna l-llāha dā’iman  
ma‘anā yanbaghī ann nastamti‘a bi thimāri  
hādhihi l-ma‘rifa, wa nastahđiru barakāti-  
ha allā nihā’iyya bi an nudrika: „wa huwa  
ma‘akum aynamā kuntum“, qul al-ħamdu  
li-llāhi (wāqifan aw jālisan aw mustalqiyan)

„...qiyāman wa qu‘ūdan wa ‘alā junūbi-  
him...“ – qulha fi ṣ-ṣabāḥi, wa l-masā’, qulha  
bi s-stiħdār: Allāu hādirī, Allāu nāżirī, Allāu  
shāhidī, Allāu ma‘ī – qulhā shākirān wa l-llā-  
hu sa yumtiruka bi sa‘ādatin lā tūṣaf

wa fi l-yawmi l-ākhiri sawfa yas’al: „ayna  
l-ħāmidūn?“ – fa yajibu an nakūna qādirīna  
‘ala an naqūl: „hā nahnu!“

After it became clear to us that Allah is always  
with us, we should enjoy the fruits of this  
knowledge and become part and parcel of an in-  
finite blessing by saying “Al-hamdu li -llah ,.

Say „al-hamdu li-llah“ while standing, sitting,  
lying on your side („qiyaman wa quudan wa  
,ala junubihim“), say it during the day and at  
night, in the morning and in the evening, saq it  
with a view to „Allahu hadir Đ“, „Allahu naza-  
ri“, „Allahu shahidi“, „Allahu ma‘i“ in gratitu-  
de, and Allah will make indescribable happiness  
rain down on you. Al-hamdu li-llah.

And at Yaum al-Akhira He will ask: „Where are  
those who said al-hamdu li-llah?“ - We should  
be able to say: „Here we are!“